

## The Mentor/Mentee Contract

A good mentoring relationship starts with preparation by both parties. Irshad program commitment is 4-months. It is a very good idea for the Mentor and the Mentee to have a contract for how they intend to work together during that time commitment. Contract may include the following:

- Specific objectives for the relationship;
- Preliminary developmental goals for the Mentee;
- Expectations that both of you have for the relationship;
- Necessary contributions that both must make so the relationship will work;
- Tentative schedule for your formal meetings;
- Procedure for handling informal contacts between formal sessions;
- Determine who has the chief responsibility for driving the relationship;
- Agree on confidentiality; and/or
- Describe the differences in the role of the Mentee and the Mentor.

